



# FOOD LEFTOVER MAKEOVERS

*Ram* *Jogini*  
*Sonia*



# POMELO SALAD

2 cups pomelo + 2 tsp. vegan patis + 2 TBS roasted peanuts + 1 oregano leaf  
Cut the pomelo into bite-size and the oregano leaf into strips. Assemble and serve.

# WATERMELON ICE CREAM

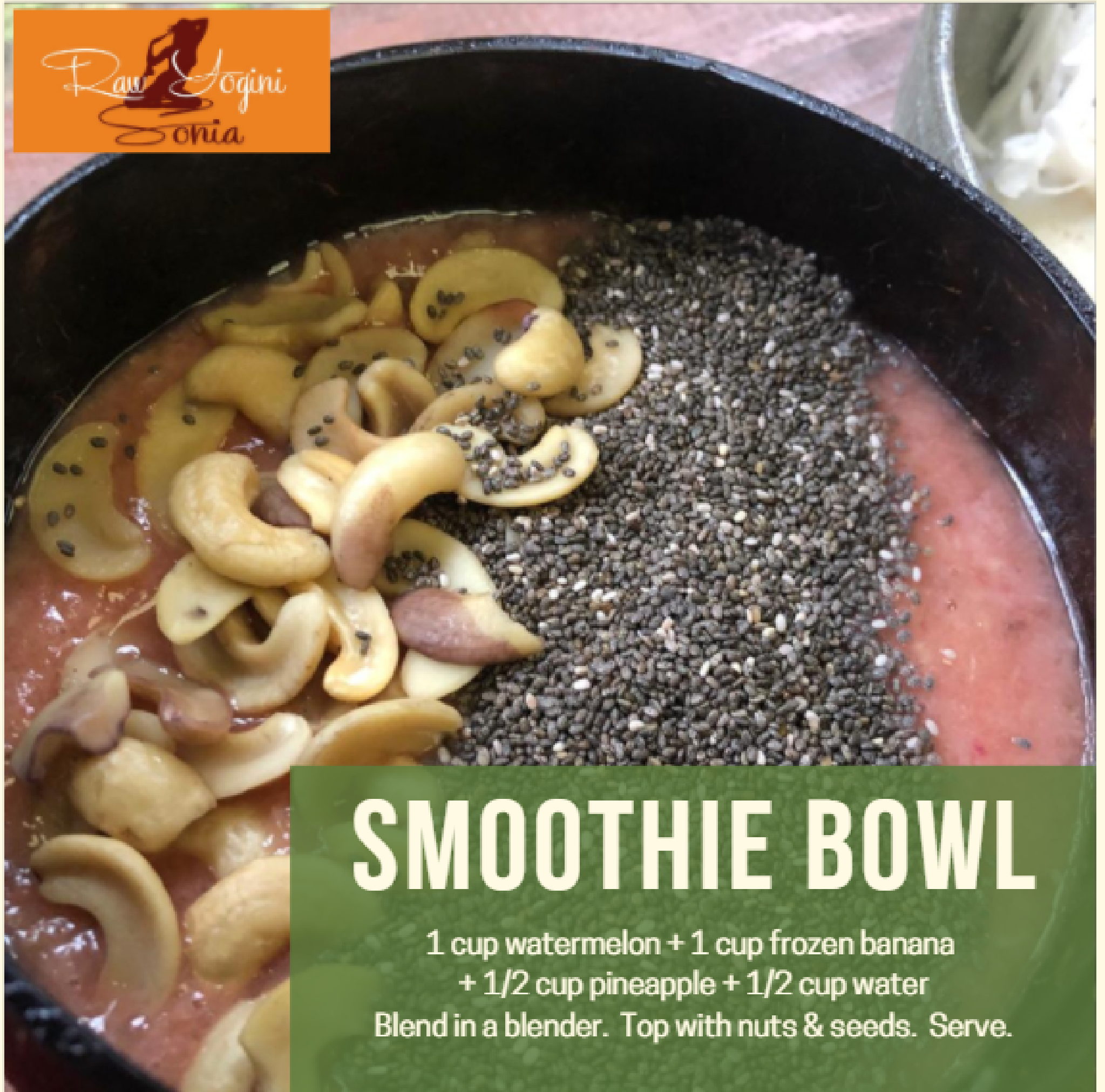
2-3 cups watermelon + 1/4 cup water + juice of 1 dalandan  
Blend in a blender and serve.



Raw Yogini  
Sonia



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# SMOOTHIE BOWL

1 cup watermelon + 1 cup frozen banana  
+ 1/2 cup pineapple + 1/2 cup water  
Blend in a blender. Top with nuts & seeds. Serve.

ALL-TIME PINOY FAVORITE  
**HALO-HALO**

1 1/2 cup fruits in season  
+ 1 TBS kaong sugar  
+ 1/2 cup crushed ice  
+ 1/2 cup coconut milk

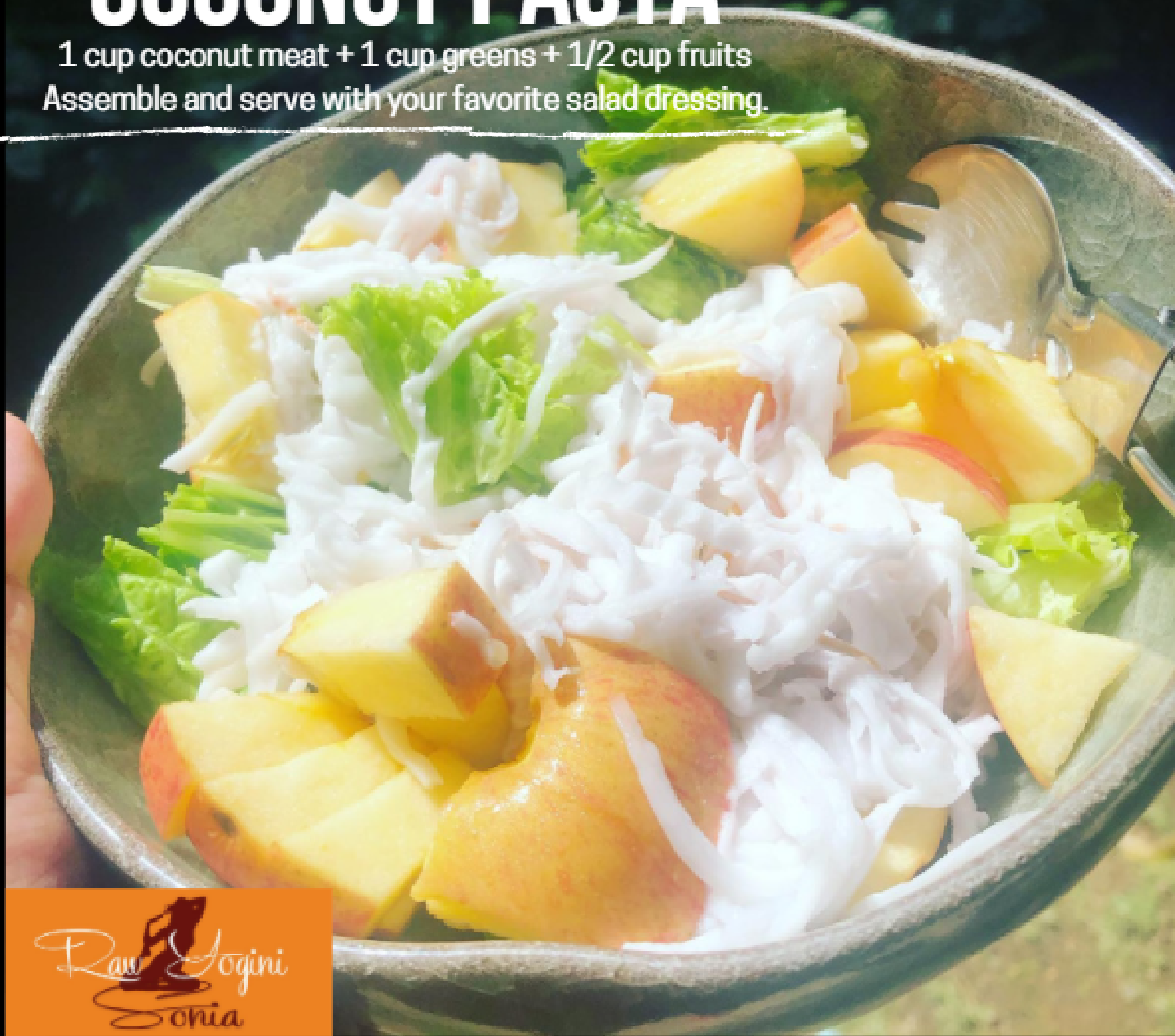
Layer all the ingredients in a glass or bowl. Fruits first, then sugar, then crushed iced, and coconut milk. Serve.

raw  
vegan



# COCONUT PASTA

1 cup coconut meat + 1 cup greens + 1/2 cup fruits  
Assemble and serve with your favorite salad dressing.



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# FRUIT PICA BOWL

Cut your leftover fruits  
into bite-size. Freeze.  
Serve as snacks or  
candies.

*Ran Jogini*  
Sonia





# LEMON WATER

1/2 sliced lemon + water  
Chill and serve.





*Serve with love!*



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*Sonia*

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